SENTIERS

(En: *Trails*)

Triangular shawl
with
afterthought crochet

intarsia

This symmetrical triangular shawl is simple, warm and squishy, quick to knit and makes the artisanal yarn Chalet really shine. It has vertical, contrasting stripes added with simple crochet technique, after the knit was done. A perfect project to participate in social knitting or just to take a break of complicated projects. It is suitable for beginners as well. The name is in French and means Trails. Choose your contrast colors in a way they will remind you trails you wish to walk.

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MATERIALS

Chalet by ARTFIL, (50% Merino / 50% Hemp; 120 m 50 g.
or any other DK weight yarn.
• MC – 4 (5) skeins approx. 480 (600) m
col. Fraise/Strawberry
• CC1 – 1 (1) skein, approx. 100 m col. Hibou/Owl
• CC2 - approx. 20m. of color Hamac
• CC3 – approx. 20m. of color Pedalo
• US 7 (4.50 mm) 32"-40" circular needles or size to
obtain gauge.
• Darning needle
• 14 Stitch markers
• 1 stitch marker in different color to mark the center
stitch (optional)

GLOSSARY

CO- Cast-on
BO – Bind off
MC – Main colour
CC – Contrast colour
k – Knit
p- Purl
st – stitch
sts - stitches
yo – Yarn over (1 st increase)
pm – Place marker
sm – slip marker
RS – Right Side
WS – Wrong side
sl1yb – Slip 1 st with yarn in back
sl1yf – Slip 1 st with yarn in front

GAUGE

16 stitches and 26 rows per 4"/10 cm
Measured over blocked (well stretched) stockinet stitch .

MEASURMENTS after blocking
Small - 65 in (165 cm)   X 42 in. (102 cm) X 42 in (102 cm)
Large - 70 in (175 cm)   X 43 in. (108 cm) X 43 in (108 cm)
Directions to knit larger size are given in brackets.

HELPFUL LINKS

How to add afterthought intarsia by ARTFIL (video tutorial) English version. Please, be patient with my
English, it is not my mother tongue.

https://youtu.be/5wtHu8vfjJc

GENERAL NOTES:
This shawl is knit from center out, starting with
garter tab cast-on and increased with four
stitches every RS row.
Almost the entire shawl is worked in
stockinette stitch. In same time columns of
single purl stitches will be worked to create a
valley of purls that will be used to crochet a
contrast color stripe after the shawl is
completely knitted.
It is very simple concept, but the pattern was
written in a way a beginner knitter can work
the project. A more advanced knitters may find the instructions too long.

DIRECTIONS

GARTER TAB CAST-ON
Step 1: Using long-tail cast-on, CO 3 sts.
Step 2: Knit 6 rows
Step 3: k3, rotate the rectangle counter clockwise at 90°, and pick up and knit 1 st in each of the 3 garter stitch ridges on the side of the tab; rotate the rectangle again counter clockwise at 90°, and pick up and knit 1 st in each of the 3 original cast on stitches — 9 sts total.

STEP 1 - Knitting the shawl
Set-up Row (RS): K3, yo, pm, p1, yo, k1 (this is the center stitch), yo, pm, p1, yo, k3……*13sts*
From now, slip markers whenever you encounter them unless otherwise indicated.
Set-up Row (WS): k3, p to 1st before marker, k1, sm, p to center stitch, k1, purl to 1st before marker, k1, sm, purl to last 3 sts, k3

Row 1 (RS): k3, yo, knit to marker, sm, p1, knit to center stitch, yo, k1, yo, knit to marker, sm, p1, knit to 3sts before end, yo, k3 ……*17sts*
Row 2(WS): k3, purl to 1st before marker, k1, sm, purl to center stitch, k1, purl to 1st before marker, k1, sm, purl to last 3 sts, k3
Rows 3 to 38: Repeat rows 1 and 2, 18 more times
You should have 89 sts on needles placed as follow: 3 border sts, 20 knit sts, marker, 1 purled st, 20 knit sts, 1 center st, 20 knit sts, 1 purled st, marker, 20 knit st, 3 border sts

Row 39 (RS): k3, yo, pm, p1, k19, sm, p1, k19, pm, p1, yo, k1, yo, pm, p1, k19, sm, p1, knit to last 4 sts, pm, p1 , yo, k3
Row 40 (WS) and all even rows, unless otherwise stated: k3, *purl to 1 st before next marker, k1, sm, repeat from * to last marker before the center stitch, sm, purl to center stitch, k1, *purl to 1 st before next marker, k1, sm, repeat from * to last marker before the last 3 sts, purl to last 3 sts, k3
Row 41 (RS): k3, yo, knit to next marker, sm, p1, *knit to next marker, sm, p1, repeat to last marker before the center stitch, knit to center st, yo, k1, yo, *knit to next marker, sm, p1, repeat to last marker, sm, p1, knit to last 3 sts, yo, k3
Repeat rows 40 (WS) and 41 (RS), 19 times.
Work Row 40 (WS), once more.
Row 79 (RS): k3, yo, pm, [p1, k19, sm]x4, pm, p1, yo, k1, yo, pm, [p1, k19, sm]x3, p1, k19, pm, p1 , yo, k3
Row 81 (RS): k3, yo, sm, [p1, k19, sm]x4, p1, knit to center stitch, yo, k1, yo, knit to marker, sm, [p1, k19, sm]x3, p1, k19, sm, p1 , knit to last 3sts, yo, k3
Repeat Row 81 and row 82 (WS rows are same as row 40), twice more.
Row 87 (RS): k3, yo, k4, sm, p1, k19, sm, p1, k4, pm, p1, k14, sm, p1, [k19, sm, p1]x2, k4, yo, k1, yo, k4, [sm, p1, k19]x2 , sm, p1, k14, pm, p1, k4, sm, p1, k19, sm, p1, k4, yo, k3
Row 89 (RS): k3, yo, k5, sm, p1, k19, sm, p1, k4, sm, p1, k14, sm, p1, [k19, sm, p1]x2, k5, yo, k1, yo, k5, [sm, p1, k19]x2 , sm, p1, k14, sm, p1, k4, sm, p1, k19, sm, p1, k5, yo, k3

Repeat rows 89 (RS) and 90 (WS), (all WS rows are same as row 40) six more times

Row 103 (RS): k3, yo, k12, sm, p1, k19, **remove marker**, k5, sm, p1, k14, sm, p1, k9, pm, p1, k9, sm, p1, k19, sm, p1, k12, yo, k1, yo, k12, sm, p1, k19, sm, p1, k9, pm, p1, k9, sm, p1, k14, sm, p1, k4, **remove marker**, k20,

sm, p1, k12, yo, k3

Row 105 (RS): k3, yo, k13, sm, p1, k24, sm, p1, k14, sm, p1, k9, sm, p1, k9, sm, p1, k19, sm, p1, k13, yo, k1, yo, k13, sm, p1, k19, sm, p1, k9, pm, p1, k9, sm, p1, k14, sm, p1, k24, sm, p1, k13, yo, k3

Repeat Rows 105 (RS) and 106 (WS), (all WS rows are same as row 40), four more times

 Row 115 (RS): k3, yo, k13, pm, p1, k3, sm, p1,[knit to next marker, sm, p1]x 3, k9, **remove marker**, knit to next   marker, sm, p1, k13, pm, p1, knit to center stitch, yo, k1, yo, k4, pm, p1, k12, sm, p1, knit to next marker, **remove marker**, [knit to next marker, sm, p1]x 4, k4, pm, p1, k13, yo, k3
You should have a total of 14 markers at this point
Repeat rows 115 (RS) and 116 (WS), (all WS rows are same as row 40), 8 more times
At row 132 you should have a total of 275 sts. and 14 markers

Row 133 (RS): k3, yo, pm**,** p1, knit to next marker, sm, p1, k3, **remove marker**, knit to next marker, sm, p1, knit to next marker, **remove marker**, knit to next marker, sm, p1, knit to next marker, **remove marker**, knit to last marker before the center stitch, sm, p1, knit to center stitch, yo, k1, yo, knit to next marker, sm, p1, knit to next marker, **remove marker**, knit to next marker, sm, p1, knit to next marker, **remove marker**, knit to next marker, sm, p1, knit to next marker, **remove marker**, knit to last 4 sts, pm, p1, yo, k3 …*(10 markers in total)*
Row 135 (RS): k3, yo, *knit to next marker, sm, p1, repeat from * to last marker before center stitch, sm**,** p1**,** knit to centre stitch, yo, k1, yo, *knit to next marker, sm, p1, repeat from * to last marker, sm**,** p1**,** knit to last 3 sts, yo, k3

Repeat rows 134 (WS) and 135 (RS) (all WS rows are same as row 40) until you finish your 4 (5 or more if you are knitting larger siz) skeins of MC, ending with RS row.
Next WS row: k3, purl all stitches, removing ALL remaining markers as you go to the center stitch, k1, purl all stitches, removing ALL remaining markers as you go to last 3 sts, k3. Cut MC, join CC1.

Next row (RS) With CC1: k3, yo, *sl1yb, k1, repeat from * to 1 st before center stitch, sl1yb, yo, k1, yo, sl1yb *k1, sl1yb, repeat from * to last 3 sts, yo, k3
Next row (WS): k3, p1, *sl1yf,k1, repeat from *until one sts from center stitch, sl1yf, p1, k1, p1, * sl1yf, k1, repeat from * to 5 last sts, sl1yf, p1, k3.
Section 2: Contrast Color edge band. Continue working with CC1
Row 1 (RS): k3, yo, knit to center stitch, yo, k1, yo, knit to last 3 sts, yo, k3
Row 2 (WS): k3, purl to center stitch, k1, purl to last 3 sts, k3
Row 3 (RS): k3, yo, purl to center stitch, yo, k1, yo, purl to last 3 sts, yo, k3
Row 4 (WS): knit all stitches
Rows 5 and 6: Repeat rows 3 and 4, once more
Row 7 (RS): as row 1
Row 8 (WS): as row 2
Rows 9 to 12: Repeat rows 3 and 4, twice.
If knitting the medium size, BO using your preferred stretchy bind-off method.

If knitting the Large size, continue as follow
Rows 13 and 14: Repeat rows 1 nad 2
Rows 15 to 18: Repeat rows 3 and 4, twice.
BO loosely.

STEP 2 – CROCHETING THE VERTICAL STRIPES
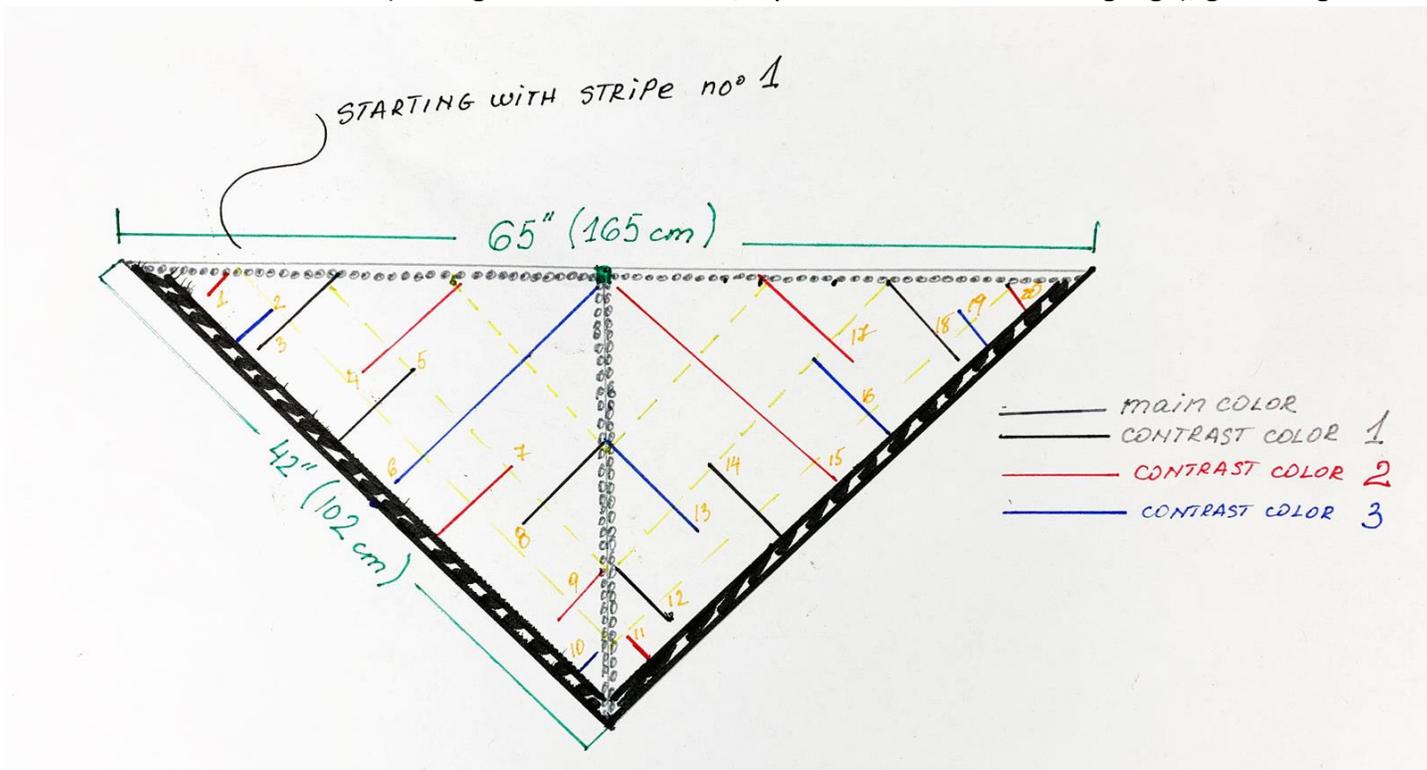
Link to video tutorial:
https://www.youtube.com/watch?v=5wtHu8vfjJc&feature=youtu.be

Applies for each stripe.
Work the crochet chain from the RS of the shawl and keep the working yarn at the back side of the shawl.
Work one vertical stripe at a time.
Locate the beginning of the purl stitch valley (a vertical bar of yarn).
With 3.75 mm Crochet hook (if using different size hook, try to match the knit stitch gauge), go through the

fabric and pull a loop of contrast color from the back of the work. Keep the loop on the hook, *go one purl strand above and pull another loop, chain 1 (one loop on the hook remain), repeat from * to last vertical bar of the purl valley, cut the CC leaving 6 in. (12 cm) tail.
Pull the loop until the end of the yarn comes through and fasten.
Tread the yarn tail to a darning needle, go above the last vertical bar to the back side. Weave-in the end.
Repeat for each purl stitch valley.
It is entirely up to you how to place your contrast colors. You can also use any number of contrast colors you like. Below is the color placement diagram of the original pattern, however it is not mandatory at all.
With CC 1 (Hibou)– Stripes 3, 5, 8, 12, 14 and 18
With CC 2 (Hamac) - Stripes 1, 4, 7, 9, 11, 15, 17 and 20
With CC 3 (Pedalo) – Stripes 2, 6, 10, 13, 16 and 19

Wet block to measurements.